

## No Regrets

2 Timothy 4:6-8

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## No Regrets

### Regret:

“Sorrow or remorse, especially over one’s acts or omissions ... sorrow over a person or thing gone, lost, etc.” ... “a feeling of sadness or disappointment about something that you did or did not do” (Webster);

“to feel sorry or unhappy about (something you did or were unable to do)” (Cambridge Dictionary).

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## No Regrets cf. Repentance 2 Corinthians 7:8-10

- *Metamelomai*: has the meaning of changing one's mind or purpose after having done something regrettable. it expresses the mere desire that what is done may be undone, accompanied with regrets or even remorse, but with no effective change of heart ... means little or nothing more than a selfish dread of the consequence of what one has done.
- Contrasted with *metanoēa*, to repent, means regret and forsaking the evil by a change of heart. (The Complete Word Study Dictionary)

## No Regrets cf. Repentance 2 Corinthians 7:8-10

- *metanoia* – “a change of mind for the better, heartily to AMEND with abhorrence of one’s past sins.” (Thayer)
- “This change of mind involves BOTH a turning from sin and a turning to God.” (W.E. Vine)
- “John did not call on people to be sorry, but to change their mental attitudes AND CONDUCT.” (A.T. Robertson, Word Pictures)

## No Regrets

### Regrets can produce two results: Matthew 21:28-32

1. Can produce godly sorrow unto repentance. Matthew 21:29
2. Can harden the heart and have no repentance. Matthew 21:32

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## We Ought To Regret

### Past sins.

- Judas. Matthew 27:3-5
- Peter. Luke 22:31, 62
- Jews. Acts 2:36-37
- Paul. Acts 9:9,11; 22:19-20; 1 Corinthians 15:9; Ephesians 3:8; 1 Timothy 1:12

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## We Ought To Regret

### Lost opportunities. *“Could of, would of, should of...”*

- Time now. 2 Corinthians 6:2; Ephesians 5:16; Romans 13:11-14
- Obey the truth. James 1:21-22, 25; 4:17
- Grow. 2 Peter 3:18
- Teach. Acts 20:25-27
- Live morally. Romans 13:11-14
- Love & respect your spouse. Ephesians 5:33
- Nurture your children. Ephesians 6:4; Colossians 3:19

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## Things You Will Never Regret

### Calling upon a sinner to repent.

#### 2 Corinthians 7:6-10

- Motivated by love. 2 Corinthians 2:4
- Effort to save his soul. James 5:19-20

### Obeying the gospel. Acts 2, 8, 9(22), 16, etc.

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## Things You Will Never Regret

### Being compassionate and forgiving.

- Receive as we give. Luke 6:37-38
- Without limits. Matthew 18:21-22 (23-35)
- Requires the heart of Christ. *Luke 23:34 “Father forgive them, for they know not what they do”* cf. Ephesians 4:31-32
- Merciful shall obtain mercy. Matthew 5:7; James 2:13

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## Things You Will Never Regret

### Small acts of kindness. Matthew 25:32-46

### Keeping a clean conscience. Acts 23:1

- Avoid what you know is sinful. 1 Thessalonians 5:22
- Don't ignore or sear it. Romans 14:23; 1 Timothy 4:2

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## Things You Will Never Regret

### Standing up for the gospel.

#### Jude 3; 1 Peter 3:15

- In season, out of season. 2 Timothy 4:2-5
- Without shame. Romans 1:15-16

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## Things You Will Never Regret

### Sacrificing for the Lord. Philippians 3:7-8; (cf. Luke 5:11) Acts 21:13

- Put Christ first. Philippians 3:4-6; cf. Matthew 6:21
- Grow. (Stretching forward) Philippians 3:13
- Endurance. (“I press on”) Philippians 3:12-13; 2 Corinthians 11:23-27
- Walk. Philippians 3:16

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## No Regrets

*2 Timothy 4:7-8*

*“I have fought the good fight, I have finished the course, I have kept the faith: henceforth there is laid up for me the crown of righteousness, which the Lord, the righteous judge, shall give to me at that day; and not to me only, but also to all them that have loved his appearing.”*

*2 Timothy 4:18*

*“The Lord will deliver me from every evil work, and will save me unto his heavenly kingdom: to whom (be) the glory forever and ever. Amen.”*

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